

A woman with her hair in a bun is shown in profile, wearing a dark, sequined top. Her hands are being massaged by a therapist whose hands are visible on her shoulders. The background is dark and out of focus, suggesting a spa or gym environment.

**Radisson** **BLU**  
HOTEL & SPA, LIMERICK



rain spa & leisure centre

# CARING FOR YOU

*How we are ensuring a safe and comfortable environment for our customers.*



ON YOUR MARKS,  
GET SET,  
SANITISE.

#CaringForYou

# HYGIENE

Hygiene measures throughout the Rain Spa & Leisure Centre have been increased and regular cleaning is carried out throughout the day. Your Rain Spa & Leisure Centre team regularly clean all touchpoints and are on hand to ensure everyone is exercising safely.

All members are requested to wipe down equipment before and after use. Sanitising spray and paper towels are available for you to use at our Cleaning Stations. Let's work together to keep the Rain Spa & Leisure Centre really shiny and safe for each other.

Hand sanitiser dispensers can be found at the entrance, exit and all around the Rain Spa & Leisure Centre. Please clean your hands before entering, while you workout with us, and again before you leave. Just like exercise, the more frequent, the better!

Showers and changing rooms are currently closed if using the Gym. If you are solely using the Swimming Pool, then you can use Changing Rooms for a maximum of 15 minutes after your swim. We understand this is not convenient, but it is necessary so as to protect you and other members.

Our toilet facilities are fully operational and sinks available for hand washing only.

Water fountains will be temporarily unavailable as per guidelines.



THAT'S  
CLOSE  
ENOUGH

#CaringForYou

# SOCIAL DISTANCING

Some equipment will require guests to use their discretion and where social distancing cannot be maintained you wait until it is available to use.

Our steam room, sauna and Jacuzzi is open, with all the necessary precautions in place as per government guidelines in relation to Covid-19

Please be mindful that you yourself are keeping your distance from others as you walk around and while you work-out or swim. No high fives or fist pumping allowed.

We're still a friendly bunch here at the Rain Spa & Leisure Centre but for now, a simple "Hi! How are you?" is much better!



# DOES YOUR MASK MATCH YOUR ACTIVWEAR

#CaringForYou

## PPE

Face Coverings are to be worn on arrival and departure from The Rain Spa & Leisure Centre, or if you are visiting our Coffee Dock or Restaurant. PPE is of course not required while working out or in the pool!

All our teams are wearing Face Masks or Visors at all times, for your safety and theirs. You will also see some of our team wearing additional PPE for example when cleaning.



# WORK HARD MAKE SPACE.

#CaringForYou

## BOOKING & TIMES

Pre-booking is now essential for both the swimming pool and gym, by calling 061 456299. Bookings for Swimming Pool & Gym are now online - [Click Here](#)

We cannot guarantee you will be able to use the Rain Spa & Leisure Centre if you show up without an appointment.

Opening hours are continuously being monitored, depended on demand. We are now open 7am to 10pm Monday to Friday and 8am to 8pm Saturday Sunday and bank Holidays.

Gym bookings are for 45mins and do not include access to our changing room or showers where possible.

Swimming bookings are for 45 minutes, plus an additional 15 minutes maximum in our changing rooms after your swim. Queuing may result from social distancing at the Rain Spa & Leisure Centre, just like you are experiencing in shops.

We would ask that everyone remains patient with other members, as these measures are for your safety. We would also like to ask you to remember that this new world is tough for everyone. If you are not satisfied with our measures at the Rain Spa & Leisure Centre, or feel we could do more, please raise your suggestions to our teams so that we can continue to adapt to the new fitness world.



# KEEP ON MOVING

#CaringForYou

## MEMBERSHIP

Any time missed during our closed periods (Closed during the period – 16th March 2020 – 10<sup>th</sup> July & 15<sup>th</sup> October 2020 – 7th June 2021) will automatically be added on to your membership.

If government guidelines force us to close our doors again, we will again freeze your fees and honour your membership when we reopen.